



Lacrosse Bio: John Kilbride, Coach Lead

[Last Updated: March 2026]

John has spent the last 40+ years playing and coaching lacrosse at the highest levels, beginning his playing career at the age of 4 and coaching career at the age 16, John has played and coached at almost every level of lacrosse since. His coaching activities have included or include, the Mounties Lacrosse Club, Mounties Academy Lacrosse, U17 Jr Roughnecks, RMLL Super Coaches Clinic, CDLA Coaches Mentorship Program, as well as numerous other coach and player clinics.

John's Minor lacrosse career began in Calgary, Alberta after which he was recruited to play JrA in BC by the Richmond Outlaws where he had consecutive trips to the Minto Cup in 1989 and 1990 having won BCJRA titles. John's JrA career included 3 All-Star Team appearances and a Team MVP Award in 1991 when he also served as Team Captain for the Richmond Outlaws, the first non-BC-born player to ever serve as a Captain of a JrA team.

Following his JrA career, John was drafted 2nd overall in the WLA draft by the Vancouver Burrards which to this day is still a record for the highest drafted player ever to come out of Alberta. John went on to play SrA for a number of years before returning to school at the University of Calgary. John then returned to SrA with the New Westminster Salmonbellies in 2000, and subsequently went on to play in the NLL for the Calgary Roughnecks where he would score the franchise's first ever goal while also setting the single game point record of 11 (4G, 7A) in the process, a record that has since been shattered by various NLL legends.

John is very active in the Alberta lacrosse community. He has been inducted into the Axemen Lacrosse Hall of Fame and has been awarded the Alberta Lacrosse Association's (ALA) highest honor, the James McFall Award along the way. Of note, John's sister, Leslie Churchill, was also a recipient of the James McFall Award in 2007 and they remain the only brother-sister tandem to ever receive this honour.

Playing Background

- Calgary Roughnecks (2001 - 2003).
- SrA Salmonbellies, SrA Burrards (1992 - '95, 2000).
- Drafted 2nd Overall in SrA WLA Draft (1992).
- JrA Richmond Outlaws - Served as Captain '90 - '91 (1989 - 1991).
- Team MVP (1991, JrA Outlaws).
- 1st Team All-Star (BCJRA, 1991).
- 1st Team All-Star (BCJRA, 1990).
- 2nd Team All-Star (BCJRA, 1989).
- BC Men's Field Lacrosse (1989 - 1995).

Coaching / Builder Background

- Wayne Sutherland RMLL Coach of the Year (2025).
- ASL Todd Lorenz Coach of the Year (2024).
- ASL Todd Lorenz Coach of the Year (2023).
- ASL Keith Berg Community Builder of the Year (2023).
- Offensive Coach - Team USA, IIJL World Jr Lacrosse Championships - Gold (2023).
- Head Coach / GM - Mounties Lacrosse Club (2011 - present).

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| <ul style="list-style-type: none">• SrB Mounties (1996 - 1999).• President's Cup Silver Medal - Edmonton Miners (1983).• Finished 4th in scoring at '93 President's Cup.• Calgary Field Lacrosse - Played in multiple Canadian Field Lacrosse championships (Ross & Victory Cups), winning numerous bronze and silver medals, plus a gold medal in 2010. | <ul style="list-style-type: none">• Head Coach - U17 Jr Roughnecks (2017 - present) - Includes 3 Gold Medal game appearances, winning Gold in 2017.• Co-Founder / Program Director - Mounties Academy Lacrosse (2017 - Present).• Co-Lead Instructor - RMLL Super Coaches Clinic.• Program Coordinator - CDLA Coaching Mentorship Program (2018 - 2021).• Head Coach - Fury Peewee Girls (2019).• Head Coach - JrA Mountaineers (2005 - 2010).• Co-Founder - JrA Mountaineers (2005).• Head Coach - JrB Mountaineers (2004 - 2005).• Head Coach - Axemen Lacrosse Association - U7 - U17 (1994 - 2004).• Assistant Coach - Axemen Lacrosse Association (1986 - 1988).• Assistant Coach - Richmond U17A Roadrunners (1990 - 1991). |
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