# 2025 Senior C Lacrosse Season in Review

The 2025 season was defined by significant growth in both teams and players, culminating in a dramatic Provincial championship weekend.



#### **Growth and Recruitment**

- **Division Expansion:** The division grew to 11 teams with the addition of the Parkland Posse and Lakeland Heat. The Blackfalds Silverbacks moved to the South Division to decrease their travel time.
- **Player Numbers:** Total player registration increased by 25% to 356 players, up from 284 in the previous season. Team rosters ranged from 24 to 40 players.
- **Junior Integration:** The league successfully integrated 29 graduating Junior players, demonstrating a strong pipeline for future talent.
- **Demographics:** The player age range was remarkably wide, from 18 to 65, with an average age of 30.

### **Season Highlights and Accomplishments**

- Regular Season: The North Division, Edmonton Warriors, Edmonton Miners, Lakeland Heat, Border Rage and Parkland Posse, played each other a balanced three times with 6 home and 6 away. The South Division, Blackfalds Silverbacks, Mount View Stingers, Airdrie Mohawks, Calgary Bears, Calgary Irish and Lethbridge Pioneers, played unbalanced 12 games but maintaining the 6 home and 6 away.
  - The Edmonton Warriors dominated the regular season, finishing with a record of 11 wins and a tie.
- Provincials: Hosted flawlessly by the Blackfalds Silverbacks, the championship weekend was a major success.
  - The round-robin stage ended in a three-way tie between the Edmonton Warriors, Airdrie Mohawks, and Calgary Bears, requiring a mathematical tiebreaker to determine the finalists. As an aside, the Edmonton Miners made a good showing for their first entry to Provincials.
  - The Airdrie Mohawks, the South Champions, defeated the Edmonton Warriors, the North Champions, in the final to retain the Provincial Trophy.
- **Trades:** A flurry of last-minute trades was handled responsibly, primarily used to replace injured players rather than stacking playoff rosters.

### **Challenges and Setbacks**

- Player Safety: There was a concerning number of anecdotal reports of injuries that impacted players' ability to attend work.
- **Referee Costs:** The high cost associated with referee travel remains a significant financial burden for our rural teams.
- Logistics: The Crossover Weekend was cancelled due to an inability to secure a suitable venue.
- **Discipline:** High intensity during games occasionally led to challenges with player conduct in penalty box areas and on the floor. However, this season did have the least number of suspension letters written.
- **Travel:** There was a marked decrease in benches when the teams had to travel. Only twice did a home team record 15 or under players, but it happened 13 times to an away team.

## **Future Outlook**

The league will continue to focus on sustainable growth by supporting teams and recruiting new players. Key priorities for the future include improving player safety, managing operational costs, and fostering a strong culture of sportsmanship.