

2025 Alberta Major Female Commissioners Report.

Sept 30th, 2025

The Alberta Major Female division maintained seven teams in 2025, three in Edmonton and area, one in Red Deer and three in Calgary and area. Player numbers remained strong at 197 up 17 from 2024 (180) and up 33 from 2019 (151). All teams played sixteen games each and no games were cancelled. Competition between the teams is improving as well as player skills and knowledge.

The Red Deer Riot hosted the 2025 Alberta Major Female Provincials in Ponoka which was won by the Silvertips. This was the first time Red Deer has ever hosted a provincial event and was a great place to showcase U22 female lacrosse.

The Silvertips hosted the Alberta Major Female South U17 draft in February which was the largest U17 graduating class so far with 48.

The division maintained two Senior Alberta Major Female teams in 2025 which played interlocking games with the Junior female teams.

Congratulations to our U22 Team Alberta Ladies who kicked but again in Nova Scotia and won gold for the third time in a row. Great job Ladies!

Looking forward to 2026 and our continued focus on player development, retention and recruitment and hope to see new team applications.

Thank you,
Alex Traboulay
RMLL Alberta Major Female Commissioner.