## 2024 Alberta Major Female Commissioners Report.

Sept 30<sup>th</sup>, 2024

The Alberta Major Female division maintained seven teams in 2024, three in Edmonton and area, one in Red Deer and three in Calgary and area. Player numbers remained strong at 168 up five from 2023 (163) and 17 from 2019 (151). All teams played sixteen games each and no games were cancelled. Competition between the teams is improving as well as player skills and knowledge.

The Silvertips hosted the 2024 Alberta Major Female Provincials in Calgary. The Silvertips held a great event and the ladies and teams put on a fantastic show! At the opening ceremonies the Carol Patterson trophy was on display which was won by our own Team Alberta ladies.

The Calgary and area teams Calgary Cardinals, Rocky view Silvertips and Okotoks Raiders in 2023 held the Junior draft that was streamed live for the first time. The live draft was hosted by the Okotoks Junior Ladies Raiders and was a great success.

After losing all Senior Major Female teams in 2023, it was a huge boost to Alberta female lacrosse when the Calgary Cougars and new Sr. Female team the Sr. Drillers came back to the division and played interlocking games with the Junior female teams in 2024.

Looking forward to 2025 our goals are continued focus on player retention, recruitment and increasing roster sizes in our smaller districts.

Thank you,
Alex Traboulay
RMLL Alberta Major Female Commissioner.