2023 Alberta Major Female Commissioners Report.

Sept 30th, 2023

It was another fun and successful season in the Alberta Major Female Division. It was great to see the improved level of play and competition between the teams. So close in fact for the regular season the top three teams were only separated by three points. The Saint Albert Drillers hosted the 2023 Alberta Major Female Provincials in Westlock. The Drillers and Westlock held a great event and the ladies and teams put on a fantastic show!

This season saw the return of a national tournament to the division... and CONGRATULATIONS to the Alberta U22 Junior Women's team for winning GOLD in Regina this August and the Carol Patterson trophy. GREAT job Ladies!

The division remained at seven teams and player numbers were at 189 which again was a small increase of eleven players from the 2022 season and twenty-five more than 2019.

The Calgary and area teams Calgary Cardinals, Rocky view Silvertips and Okotoks Raiders in 2022 held a 'free agent' combine and draft. For 2023 these teams held the first ever U17 draft that was posted live via the division's Instagram page.

Only one set back of 2023 season was the Calgary Cougars Senior Female team having to drop out and not play this season. All games were played except for one.

Looking forward to 2024 our goals are continued focus on player retention, recruitment and increasing roster sizes in our smaller districts.

Thank you, Alex Traboulay RMLL Alberta Major Female Commissioner.