

**2022 Junior Ladies Division  
Commissioners Report.**

Sept 15<sup>th</sup>, 2022

The division was very excited to return to a normal lacrosse season for 2022. We had a lot of success with the 'return to play' games in 2021 and the momentum kept growing. To prepare we had two planning meetings in October and November 2021.

The division grew to seven teams with the newest team the Red Deer Riot and with COVID restrictions now being lifted were finally able to play games. We saw healthy growth in most teams and the division had 174 players registered which was a six percent increase over the 2019 season.

In early 2022 the Calgary and area teams Calgary Cardinals, Rocky view Silvertips and Okotoks Raiders held a 'free agent' combine and draft to attract players and address team rosters. There were a few bumps but overall it was a step in the right direction.

The first season post COVID had its challenges most notably with the folding of the Senior Women's Titans. All teams and support staff accommodated, worked hard, and cooperated throughout the season to make it a success.

Looking forward to 2023 our goals are focused on player retention, recruitment and increasing roster sizes in our smaller districts.

Thank you,  
Alex Traboulay  
RMLL Junior Ladies Commissioner