



<http://www.rockymountainlax.com>

Twitter: @RMLaxL

TO: All Alberta Players Born in 2006

WELCOME to Major Lacrosse!

Please plan to attend one of the RMLL Junior Lacrosse Information Sessions being held in Edmonton and Calgary. The Session in Edmonton will be held on Friday, January 6, 2023, at the Central Lions Senior Rec. Centre – Large Auditorium, 11113-113 Street, and will start at 7:00 p.m. The Session in Calgary will be held on Friday, January 13, 2023, at the Acadia Recreation Centre - Rose Hall, 240 90 Ave SE, and will start at 7:00 p.m. Members of the RMLL Executive and Junior Team Representatives will attend both Sessions to provide information on our Junior Programs. We will also be holding a virtual session for the players from Central Alberta on Tuesday, January 10, 2023, at 7:00 PM. Join Zoom Meeting:

<https://us06web.zoom.us/j/84985418051?pwd=VEpiN1hVbnkxc25ldjRpMHAvUkNoQT09>

Meeting ID: 849 8541 8051

Passcode: 097722

Major Lacrosse encompasses all players who turn 17 as of December 31, 2023 (birth year 2006). We have two age groups: Junior and Senior. Junior Lacrosse is for players between 17 and 21 years old as of December 31, 2023, and Senior Lacrosse is for players who are over the age of 21, who still wish to play competitive lacrosse. The governing body for Alberta Major Lacrosse is the Rocky Mountain Lacrosse League (RMLL).

There are 5 Divisions and 58 teams in the RMLL:

Alberta Series Lacrosse (Senior B) – 5 teams

Senior C – 8 teams

Junior A – 4 teams (includes 1 team from Saskatoon)

Junior B Tier I – 15 teams (includes 1 team from Saskatoon, 1 from Regina and 1 from Winnipeg)

Junior B Tier II – 18 teams (includes 1 team from Cranbrook, B.C.)

Alberta Major Female – 8 teams (includes 1 Senior Female team)

Each RMLL Division has a Commissioner who is appointed annually by the Franchises in a Division. The Commissioner is a Member of the RMLL Executive, represents their Franchises on the Executive and is responsible for administering their Division. All RMLL Divisions must meet the same standards and are treated equally. All games are 3 twenty-minute stop time periods, with 10-minute intermissions and minimum of 30-minute warmup.

Some significant differences between Minor and Junior Lacrosse are:

- all games are 3 twenty-minute stop time periods, with 10-minute intermissions with a minimum 30-minute warmup.

- Season is usually longer, depending upon how deep you go in the playoffs.
- Nets are bigger (4'X4'6" instead of 4'X4').
- Provincial travel (and in some Divisions, inter-provincial travel).
- 3-Man-Mechanic (Referees) for Jr. A and when available Sr. B and Tier I.
- Some rules of play in Jr. A similar now to NLL rules.
- Home and away uniforms.
- New teams to play.
- Five-year age category.
- Different tactics are introduced and developed.

Junior Tiers

Excluding the Alberta Major Female Division, we have three (3) tiers of Junior Lacrosse: Junior B Tier II, Junior B Tier I and Junior A. The main difference between each tier is the increased level of play. For example: as players develop their skills, the game becomes faster, harder hitting and with each level game strategy becomes even more of an integral part of a team's success.

A player's time commitment also increases with each level as a Junior B Tier II player is most likely on the floor 2 to 3 times a week whereas a Junior A player is on the floor 4 to 5 times a week.

The Junior B Tier II Franchises are the entry level teams for most first-year Juniors. In 2022, of the 177 first year Juniors who played in the RMLL, 4 played on a Junior A Franchise, 69 played on a Junior B Tier I Franchise and 98 played on a Tier II Franchise. During the five-year span of Junior Lacrosse, players are encouraged to move up through the Junior Tiers as their skill level develops. The two Tiers of Junior B are responsible for player development and provide players with the tools to further their playing skills.

Boundaries

Boundaries for the initial registration of a first-year Junior is with your Minor Club if your Club offers a Tier II Franchise. If your Minor Club does not offer a Tier II Franchise, then you are a Tier II Free Agent and may register with any Tier II Franchise.

If a player, in the last year of U17, was given a one-year release from their Minor Club to play in another Minor Club, then the player's rights are held by the Club giving the release.
If a player, in the last year of U17, was given a permanent release from their Minor Club to play in another Minor Club, then the player's rights are held by the last Club they played for.

Registration

Registration in the RMLL is a two-step process.

1. All RMLL players must complete a **RMLL Intent-To-Play**. A player cannot go on the floor with a RMLL team unless they have completed the Intent-To-Play. Go to this link for further information regarding the RMLL Intent-To-Play: <https://rockymountainlax.com/intent-to-play/>

Note: When you complete the RMLL Intent-To-Play, you will need to submit the ALA Player Registration Fee of \$60.25.

2. All first-year Juniors in 2023 must also register with a Tier II club which has their first playing rights or one of their choosing if a Tier II Free Agent, regardless if the Club only offers a Tier II Franchise. This includes drafted and non-drafted players who may be trying out for Tier I and/or Junior A.

All Junior players attending higher level team tryouts, must keep the Tier II Franchise they initially registered with apprised of their progress and must also try to attend floor times of that Franchise. Players successful in making a higher-level Franchise roster will have their full registration fee refunded or transferred.

Junior Entry Drafts

To assist with keeping the competitiveness of Franchises in a Division consistent, the Junior A Division and the Junior B Tier I Division hold annual Drafts. Each Division has a Graduating U17 Player Draft held annually before mid-February.

Graduating U17 Player Draft – At the end of each playing season, the ALA provides the RMLL with a list of all the U17 players graduating from the season just completed. This list is the Graduating U17 Player List. All players on this list are eligible for the Junior A and Tier I Graduating U17 Drafts.

Each of the Alberta Junior A Franchises draft ten (10) players from this list and each of the Alberta Junior B Tier I Franchises may draft up to twenty (20) from the list. For complete details re the Junior A and Junior B Tier I Graduating U17 Player Drafts, please refer to the section “Junior A and Junior B Tier I Draft Detail” found at the end of this document.

Rosters

In Major, each Franchise can have a maximum roster of 25 players. The exception to this is Alberta Series Lacrosse (Sr. B), and Alberta Major Female who may have a maximum roster of 30 and the Senior Major Female Franchise and Senior C who may have a maximum roster of 40 players. However, for all Franchises in all Divisions, you can only dress 20 players for each game. i.e. max 18 runners and 2 goalies.

Travel

All Franchises in Major lacrosse, regardless of the Division they are in, must travel. It's up to the policies of the individual Franchises whether buses are used for travel games.

Schedules

We try to have all Division schedules posted on the RMLL website by mid March. This gives players a six-week notice period in case they must arrange/re-arrange work schedules, etc. Depending on arena availability, we try to schedule weekday games against two teams in the same local area, leaving Saturday and Sunday for travel games. i.e. team travels or team plays a traveling team.

Player Development

Call-ups are an important piece of player development. The number of times a player can be a call-up during a season is unlimited. To encourage call-ups, each Tier has a set night for weekday

games. Tier II Monday and Wednesday, Tier I Tuesday and/or Thursday and Junior A Wednesday. This allows a Tier II player to be a call-up for a Tier I team on a Tuesday and Thursday and for a Tier I player to be a call-up for a Junior A team on a Wednesday.

Governance rules in Major Lacrosse are different from Minor Lacrosse and policies may change from Division to Division depending on if a Division has their own Operating Policy. To help provide you with a little more specific information regarding each of the Junior Divisions, below are links to the RMLL website for the detailed Division and Season Info for each Tier II, Tier I, and the Junior A Division.

Following the links for of all the Junior Divisions, is further detail regarding the Junior A and Junior B Tier I Drafts.

Please be sure to visit the RMLL website on a regular basis for league and Franchise news, announcements, floor times, tryouts, and updates. <http://www.rockymountainlax.com>
Also, follow the RMLL on Twitter **@RMLaxL**

For further information, Franchise contact information or any additional questions about Junior Lacrosse, the RMLL Junior Divisions, drafts, player rights, etc, please feel free to contact myself or:

President: Duane Bratt - dbratt@mtroyal.ca

Vice-President & Interim Jr. A Commissioner: Greg Lintz - greg@purdonlaw.com

Jr. B Tier I Commissioner: Ian Stewart - stewart2166@gmail.com

Jr. B Tier II Commissioner: Darrel Knight - darrelk1@me.com

We sincerely hope you register for the 2023 Season and look forward assisting you in any way we can as you continue playing *"the fastest game on two feet"*.

Christine Thielen
Executive Director, RMLL
christinethielen@hotmail.com

PS - If you have an interest in playing Junior A, and/or Junior B Tier I, please plan to attend the RMLL South or North Combine. Attending a combine allows you the opportunity to highlight your skills to the coaching staff of the Junior A and Junior B Tier I Franchises prior to the Junior A and Junior B Tier I Drafts.

North Junior Combine

Date: Saturday, January 21, 2023

Time: 4:00 PM to 7:00 PM

Location: Servus Place South Field House – Field House SP, St. Albert

Cost: \$30.00

Who: Graduating U17 players from GELC, Wheatland, and Grande Prairie Minor Lacrosse Clubs as well as Tier II players from Tier II teams located in GELC and Wheatland areas.

Registration Deadline: Wednesday, January 18, 2023.

North Combine Registration Link:

<https://admin.sportzsoft.com/apps/regWeb.dll/Login?OrgId=4023>

South Junior Combine

Date: Saturday, January 28, 2022

Time: 12:30 PM to 3:00 PM

Location: Scotiabank Saddledome, Calgary

Cost: \$60 and includes a ticket to the Roughnecks/Toronto Rock game at 7:00 PM.

Who: Graduating U17 players from CALL, CDLA, and SALA Minor Lacrosse Clubs as well as Tier II players from Tier II teams located in the CALL, CDLA and SALA areas.

Registration Deadline: Tuesday, January 24, 2023

South Combine Registration Link:

<https://admin.sportzsoft.com/apps/regWeb.dll/Login?OrgId=4023>

Junior B Tier II Division

North Info

Division Info: <https://rockymountainlax.com/jr-b-t2-ja-division-info/>

Season Info: <https://rockymountainlax.com/jr-b-t2-ja-season-info/>

South Info

Division Info: <https://rockymountainlax.com/jr-b-t2-cg-division-info/>

Season Info: <https://rockymountainlax.com/jr-b-t2-cg-season-info/>

Junior B Tier I Division

Division Info

<https://rockymountainlax.com/jr-b-t1-division-info/>

Season Info

<https://rockymountainlax.com/jr-b-t1-season-info/>

Junior A Division

Division Info

<https://rockymountainlax.com/jr-a-division-info/>

Season Info

Coming Soon - <https://rockymountainlax.com/jr-a-season-info/>

Junior A and Junior B Tier I Draft Detail & 2023 Drafts

Junior A Graduating U17 Player Draft

2023 Draft Eligible: All U17 Players born in 2006 and on the ALA Graduating U17 Player List.

Up until the draft date, all Graduating U17 Players on the Graduating U17 Player List from CALL, CDLA and SALA Minor Lacrosse Clubs may attend any/all open floor sessions of the Jr. A Mounties and/or Jr. A Raiders.

Junior A Franchise Protected List: Drafted players are automatically added to the Junior A Franchise's Protected List and the Junior A Franchise holds the player's Junior A playing rights for all five (5) years of the player's Junior eligibility until the player is released or traded. A non-drafted player can be added to a Jr. A Franchise's Protected List, if the player gives written permission, agreeing to be added.

Jr. A Free Agent: A player not on a Junior A Protected List is a Jr. A Free Agent. Jr. A Free Agents who reside north of the CALL boundary may try out for the Jr. A Miners. Jr. A Free Agents who reside in CALL, CDLA and SALA areas may try out for the Jr. A Mounties and/or the Jr. A Raiders. (A drafted/protected player can only attend the tryouts of the Jr. A team which drafted/protected them).

The **Calgary Junior A Mountaineers** and the **Okotoks Junior Raiders** each draft ten Graduating U17 Players from the CALL, CDLA and SALA Minor Lacrosse Clubs.

2023 Draft Order:

1 – Jr. A Raiders

2 – Jr. A Mounties

And by the trade transactions where trades included draft picks.

The **Edmonton Junior A Miners** draft ten Graduating U17 Players from the GELC and Wheatland Minor Lacrosse Clubs as well as from the Grande Prairie Lacrosse Association.

The **Saskatchewan SWAT** draft ten players from the Province of Saskatchewan.

2023 Junior A Graduating U17 Player Draft

Date: Monday, February 13, 2023

Time: 7:00 PM

Location: Acadia Recreation Centre – Rose Hall – 240 90 Ave S.E., Calgary

The Jr. A Miners and Saskatchewan Swat will be attending the Draft virtually.

All Graduating U17 players and their families are welcome to attend.

Follow Live on Twitter: @RMLaxL

Junior B Tier I ENTRY Draft

Up until the draft dates, all Graduating U17 Players on the Graduating U17 Player List may attend any Junior B Tier I floor time.

Up until the draft dates, all Tier II players not currently listed on a Junior B Tier I Franchise's Protected List may attend any Junior B Tier I floor time.

The drafts help to keep the competitiveness of Franchises in a local area consistent.

The drafts must be held each year prior to mid-February. The Junior B Tier I drafts will take place after the Junior A Drafts.

Junior B Tier I Franchise Protected List: Drafted players are automatically added to the Junior B Tier I Franchise's Protected List. A player can remain on a Jr. B Tier I team's Protected List for all five (5) years of their Junior eligibility unless released, traded, or not registered to the team's roster for two (2) consecutive playing seasons. An exception to the two consecutive playing seasons, is a Jr. B Tier I Drafted player on a Junior A roster. This player can remain on the Tier I Protected List for all five (5) years of their Junior eligibility unless released or traded. A non-drafted player can be added to a Junior B Tier I Franchise's Protected List, if the player gives written permission, agreeing to be added.

Junior B Tier I Free Agents

All Graduating U17 Players on the Graduating U17 Player List for the Season who are not drafted, will become Junior B Tier I Free Agents.

All Tier II players who are not on a team's Protected List are Junior B Tier I Free Agents.

2023 Junior B Tier I Graduating U17 Player Drafts

Draft Eligible: All Alberta U17 Players born in 2006 and on the ALA Graduating U17 Player List.

Junior B Tier I Central Graduating U17 Player Draft ***(Rampage and Mavericks)***

Rounds 1 through 8 – Rampage will draft Alberta Graduating U17 players on the ALA Graduating U17 List with Red Deer addresses from the Red Deer Minor Lacrosse Association;

Round 1 through 8 – Mavericks will draft Alberta Graduating U17 players on the ALA Graduating U17 List from Olds Minor Lacrosse Association and Innisfail Minor Lacrosse Association;

Rounds 9 through 20 – Rampage and Mavericks will draft Alberta Graduating U17 players on the ALA Graduating U17 List from Blackfalds, Innisfail, Chargers, Kneehills, Lacoka, Olds, Red Deer, Stettler and Sylvan Lake Minor Lacrosse Associations.

Date: Thursday, January 26, 2023

Time: 7:00 PM

Follow Live on Twitter: @RMLaxL

Draft Order:

1st – Mavericks; 2nd Rampage and by trade transactions where trades included draft picks.

Junior B Tier I North Graduating U17 Player Draft ***(Warriors, Outlaws, Crude & Rebels)***

The draft is 20 rounds of 4 selections, where each North Division team will draft Graduating U17 players from Blues, Beaumont, Fort Saskatchewan, Leduc, Parkland, Rams, Titans, Warriors, Westlock, Wizards, Grande Prairie, Lakeland, Lloydminster, Vermilion, Wainwright and Flagstaff Minor Lacrosse Associations

Date: Monday, February 13, 2023

Time: 6:00 PM to 10:00 PM

Location: Beaumont Community Centre - 5204 50 Ave, Beaumont

All Graduating U17 players and their families are welcome to attend.

Follow Live on Twitter: @RMLaxL

Draft Order:

1. Beaumont Outlaws

2. Fort Saskatchewan Rebels

3. St. Albert Crude

4. Edmonton Warriors

And by trade transactions where trades included draft picks.

Junior B Tier I South Graduating U17 Player Draft
(Silvertips, Chill, Shamrocks, Mounties & Marauders)

Rounds 1 through 20 – All 5 teams will draft Graduating U17 Players from the Rockyview Rage, High River Heat, Okotoks Raiders, Strathmore Venom, Calgary Hornets, Calgary Knights, Calgary Axemen, and Calgary Sabrecats Minor Lacrosse Clubs.

Date: Thursday, February 16, 2023

Time: 7:00 PM

Follow Live on Twitter: @RMLaxL

Draft Order:

1. Calgary Chill

2. Calgary Mounties

3. Rockyview Silvertips

4. Okotoks Marauders

5. Calgary Shamrocks

And by the trade transactions where trades included draft picks.

Junior B Tier I Lethbridge Barracudas Graduating U17 Player Draft

The Barracudas will draft up to twenty (20) Alberta Graduating U17 players on the ALA Graduating U17 List from Brooks, Claresholm, Crowsnest, Lethbridge, Taber and Medicine Hat Minor Lacrosse Associations.

Date: Saturday, February 18, 2023

Time: 6:00 PM

Follow Live on Twitter: @RMLaxL and @jrbcudaslax