

### **1. Growth and Recruitment - Detail like # of players, # of teams, # of games this season compared to last. Specifics re targeting growth and recruitment over the season.**

As the Senior C Division looked to the end of the pandemic restrictions and essentially starting anew due to the two-year break, we are pleased to say that while the locations may have shuffled, we maintained 8 teams. In 2022, the Calgary Bears completed their first complete season with the Senior C division. Unfortunately, the Okotoks Erratic did not join us. All the other 2019 teams returned for 2022: Completing the South Division with the Bears are the Calgary Irish, Airdrie Mohawks, and the Mountain View Stingers. The North Division consists of the Blackfalds Silverbacks, Lloydminster Rage, Edmonton Warriors, and the St. Albert Miners.

Overall, the Division maintained practically the same number of players compared to the pre-pandemic numbers. In 2022, the numbers were 247 compared to 2019's 248. Two teams increased in size from 2019, one stayed the same, four lost players anywhere from one to ten players. The Bears arrived on the scene with a large roster. Despite having rosters of 28 to 34 players many teams struggled to dress the 18 runners and 2 goalies over the course of the season. The need to call up Junior players ran all the way through to the Playoffs. Teams continued to add players to their roster over the course of the season.

During regular season play, each team played only the other teams within their division. Each team play the other three teams twice at home and twice away. This allowed each team a total of 12 regular season games. Playoffs were a two-game round in both the North and the South. The winners went on to play for Provincial Champion in another two-game round. The North Champions, Edmonton Warriors, defeated the Blackfalds Silverbacks. The South Champions, Airdrie Mohawks, defeated the Mountain View Stingers. Provincial Champions were the Airdrie Mohawks.

Most of the Senior C players are men over the age of 27. Many of them have reached the point in their lives, where they are not only players, but they are also coaches and volunteers with their children's teams.

### **2. Season Overview**

The overall view is that the Senior C Division had a great season. They had to shake off the cobwebs while adjusting to a new Commissioner, but they were happy to be back playing.

### **3. Season Accomplishments**

The biggest accomplishment was that there was a season. The fact that the number of teams and players remained the same pre and post pandemic is a major accomplishment. Every game was played. Very few players were suspended. Every game sheet was submitted. Every Ref Evaluation completed.

### **4. Season Setbacks**

The season was one that started out slow. The state of the world simply did not guarantee that a season would be possible as we approached it in February and March. This meant the planning stages were rather held up with teams not receiving schedules until late. This unsureness meant that schedules could not be adjusted once released. This meant one team had all their home games within weeks of the start. A different team had games starting at once one a week, then nothing for a while,

then several games in one week. Several teams noted that the crossover weekend between in the North and South was greatly missed.

Throughout the season, the floors of the centres came up as a topic. The humidity inside arenas turned the floors to glass. The playing surface in another facility caused a wicked rash if a player tripped and fell on the slightly rippled artificial turf.

As Senior C approached the end of the season, several people noted the fear of the final Referee travel fees and the possibility that might break their teams financially. At Senior C, no team charges the fans to come watch and sponsorship is uncommon.

### **5. Looking to the Future/Upcoming Season Goals**

Senior C is a unique environment. Their goal is to play this high intensity, physical game balanced out with the reality of being able to get up and go to work the next day. My goal is to support them in this endeavour while giving them a place where the players' spouses and children can come and cheer.