



<http://www.rockymountainlax.com>

Twitter: @RMLaxL

TO: All Alberta Players Born in 2005

WELCOME to Major Lacrosse!

Major Lacrosse encompasses all players who turn 17 as of December 31, 2022 (birth year 2005). We have two age groups: Junior and Senior. Junior Lacrosse is for players between 17 and 21 years old as of December 31, 2022 and Senior Lacrosse is for players who are over the age of 21, who still wish to play competitive lacrosse. The governing body for Alberta Major Lacrosse is the Rocky Mountain Lacrosse League (RMLL).

There are 7 Divisions and 58 teams in the RMLL:

Alberta Series Lacrosse (Senior B) – 5 teams

Senior C – 8 teams

Junior A – 4 teams (includes 1 team from Saskatoon)

Junior B Tier I – 15 teams (includes 1 team from Saskatoon, 1 from Regina and 1 from Winnipeg)

Junior B Tier II – 17 teams (includes 1 team from Cranbrook, B.C.)

Senior Women – 2 teams

Junior Ladies – 7 teams

Each RMLL Division has a Commissioner who is appointed annually by the Franchises in a Division. The Commissioner is a Member of the RMLL Executive, represents their Franchises on the Executive and is responsible for administering their Division. All RMLL Divisions must meet the same standards and are treated equally. All games are 3 twenty-minute stop time periods, with 10-minute intermissions and minimum of 30-minute warmup.

Some significant differences between Minor and Junior Lacrosse are:

- all games are 3 twenty-minute stop time periods, with 10-minute intermissions with a minimum 30-minute warmup.
- Season is usually longer, depending upon how deep you go in the playoffs.
- Nets are bigger (4'X4'6" instead of 4'X4').
- Provincial travel (and in some divisions, inter-provincial travel).
- Home and away uniforms.
- New teams to play.
- Five-year age category.
- Different tactics are introduced and developed.

Junior Tiers

Excluding the Junior Ladies Division, we have three (3) tiers of Junior Lacrosse: Junior B Tier II, Junior B Tier I and Junior A. The main difference between each tier is the increased level of play. For example: as players develop their skills, the game becomes faster, harder hitting and with each level game strategy becomes even more of an integral part of a team's success.

A player's time commitment also increases with each level as a Junior B Tier II player is most likely on the floor 2 to 3 times a week whereas a Junior A player is on the floor 4 to 5 times a week.

The Junior B Tier II Franchises are the entry level teams for most first-year Juniors. In 2019, of the 201 first year Juniors who played in the RMLL, 7 played on a Junior A Franchise, 84 played on a Junior B Tier I Franchise and 110 played on a Tier II Franchise. During the five-year span of Junior Lacrosse, players are encouraged to move up through the Junior Tiers as their skill level develops. The two Tiers of Junior B are responsible for player development and provide players with the tools to further their playing skills.

Boundaries

Boundaries for the initial registration of a first-year Junior is with your Minor Club if your Club offers a Tier II Franchise. If your Minor Club does not offer a Tier II Franchise, then you are a Tier II Free Agent and may register with any Tier II Franchise.

If a player, in the last year of 16U, was given a one-year release from their Minor Club to play in another Minor Club, then the player's rights are held by the Club giving the release.

If a player, in the last year of 16U, was given a permanent release from their Minor Club to play in another Minor Club, then the player's rights are held by the last Club they played for.

Registration

Registration in the RMLL is a two-step process.

1. All RMLL players must complete a **RMLL Intent-To-Play**. A player cannot go on the floor with a RMLL team unless they have completed the Intent-To-Play. Go to this link for further information regarding the RMLL Intent-To-Play:
<https://rockymountainlax.com/intent-to-play/>

Note: When you complete the RMLL Intent-To-Play, you will need to submit the ALA Player Registration Fee of \$60.25.

2. All first-year Juniors in 2022 must also register with a Tier II club which has their first playing rights or one of their choosing if a Tier II Free Agent, regardless if the Club only offers a Tier II Franchise. This includes drafted and non-drafted players who may be trying out for Tier I and/or Junior A.

All Junior players attending higher level team tryouts, must keep the Tier II Franchise they initially registered with apprised of their progress and must also try to attend floor times of that Franchise. Players successful in making a higher-level Franchise roster will have their full registration fee refunded or transferred.

Junior Entry Drafts

To assist with keeping the competitiveness of Franchises in a Division consistent, the Junior A Division and the Junior B Tier I Division hold annual Drafts. Each Division has a Graduating 16U Player Draft held annually before mid-February.

Graduating 16U Player Draft – At the end of each playing season, the ALA provides the RMLL with a list of all the 16U players graduating from the season just completed. This list is the Graduating 16U Player List. All players on this list are eligible for the Junior A and Tier I Graduating 16U Drafts. For the 2022, the ALA Graduating 16U List are the players born in 2005 who played 2019 Box, 2020 Box, 2020 Return-to-Activity (RTA) and 2021 Box.

Each of the Alberta Junior A Franchises draft ten (10) players from this list. The Crude, Outlaws, Warriors, Rebels and Barracudas Junior B Tier 1 Franchises may each draft up to twenty (20) players from this list while the Junior B Tier I Rampage, Mavericks, Silvertips, Chill, Shamrocks, Mounties, and Marauders may draft up to fifteen (15) players from this list. For complete details re the Junior A and Junior B Tier I Graduating 16U Player Drafts, please refer to the section “Junior A and Junior B Tier I Draft Detail” found at the end of this document.

Rosters

In Major, each Franchise can have a maximum roster of 25 players. The exception to this is Alberta Series Lacrosse (Sr. B), and Junior Ladies who may have a maximum roster of 30 and Sr. C and Sr. Women who may have a maximum roster of 40 players. However, for all Franchises in all Divisions, you can only dress 20 players for each game. i.e. max 18 runners and 2 goalies.

Travel

All Franchises in Major lacrosse, regardless of the Division they are in, must travel. It's up to the policies of the individual Franchises whether buses are used for travel games.

Schedules

We try to have all Division schedules posted on the RMLL website by mid March. This gives players a six-week notice period in case they must arrange/re-arrange work schedules, etc. Depending on arena availability, we try to schedule weekday games against two teams in the same local area, leaving Saturday and Sunday for travel games. i.e. team travels or team plays a traveling team.

Player Development

Call-ups are an important piece of player development. The number of times a player can be a call-up during a season is unlimited. To encourage call-ups, each Tier has a set night for weekday games. Tier II Monday and Wednesday, Tier I Tuesday and/or Thursday and Junior A Wednesday and Friday. This allows a Tier II player to be a call-up for a Tier I team on a Tuesday and Thursday and for a Tier I player to be a call-up for a Junior A team on a Wednesday.

Governance rules in Major Lacrosse are different from Minor Lacrosse and policies may change from Division to Division depending on if a Division has their own Operating Policy. To help provide you with a little more specific information regarding each of the Junior Divisions, below are links to the RMLL website for the detailed Division and Season Info for each Tier II, Tier I, and the Junior A Division.

Following the links for of all the Junior Divisions, is further detail regarding the Junior A and Junior B Tier I Drafts.

Please be sure to visit the RMLL website on a regular basis for league and Franchise news, announcements, floor times, tryouts, and updates. <http://www.rockymountainlax.com>
Also, follow the RMLL on Twitter **@RMLaxL**

For further information, Franchise contact information or any additional questions about Junior Lacrosse, the RMLL Junior Divisions, drafts, player rights, etc, please feel free to contact myself or:

President: Duane Bratt - dbratt@mtroyal.ca

Vice-President: Greg Lintz - greg@purdonlaw.com

Jr. B Tier I Interim Commissioner: Jason Crook - Jcrooksy@gmail.com

Jr. A Interim Commissioner: Sean Aggus - s_aggus@shaw.ca

Jr. B Tier II Commissioner: Pat Hanson - Trish035@telus.net

We sincerely hope you register for the 2022 Season and look forward assisting you in any way we can as you continue playing *"the fastest game on two feet"*.

Christine Thielen
Executive Director, RMLL
christinethielen@hotmail.com

PS - If you have an interest in playing Junior A, and/or Junior B Tier I, please plan to attend the RMLL South or North Combine. Attending a combine allows you the opportunity to highlight your skills to the coaching staff of the Junior A and Junior B Tier I Franchises prior to the Junior A and Junior B Tier I Drafts.

North Junior Combine

Date: Saturday January 22, 2022

Time: 4:00 PM to 7:00 PM

Location: Servus Place – Tudor Glen Field, St. Albert

Cost: \$30.00

Who: Graduating 16U players from GELC, Wheatland, and Grande Prairie, Camrose and Wood Buffalo Minor Lacrosse Clubs as well as Tier II players from Tier II teams located in GELC and Wheatland areas.

Registration Deadline: Wednesday, January 19, 2022.

North Combine Registration Link:

<https://admin.sportzsoft.com/apps/regWeb.dll/Login?OrgId=4023>

South Junior Combine

Date: Saturday, January 29, 2022

Time: 2:30 PM

Location: Cavalry FC Regional Field House, Okotoks

Cost: \$30.00

Who: Graduating 16U players from CALL, CDLA, and SALA Minor Lacrosse Clubs as well as Tier II players from Tier II teams located in the CALL, CDLA and SALA areas.

Registration Deadline: Monday, January 24, 2022

South Combine Registration Link:

<https://admin.sportzsoft.com/apps/reqWeb.dll/Login?OrgId=4023>

Junior B Tier II Division

Division Info

<https://rockymountainlax.com/jr-b-t2-ja-division-info/>

Season Info

North Conference

<https://rockymountainlax.com/jr-b-t2-ja-season-info/>

South Conference

<https://rockymountainlax.com/jr-b-t2-cg-season-info/>

Junior B Tier I Division

Division Info

<https://rockymountainlax.com/jr-b-t1-division-info/>

Season Info

<https://rockymountainlax.com/jr-b-t1-season-info/>

Junior A Division

Division Info

<https://rockymountainlax.com/jr-a-division-info/>

Season Info

<https://rockymountainlax.com/jr-a-season-info/>

Junior A and Junior B Tier I Draft Detail & 2022 Drafts

Junior A Graduating 16U Player Draft

2022 Draft Eligible: All 16U Players born in 2005 and on the ALA Graduating 16U Player List.

Up until the draft date, all Graduating 16U Players on the Graduating 16U Player List from CALL, CDLA and SALA Minor Lacrosse Clubs may attend any/all open floor sessions of the Jr. A Mounties and/or Jr. A Raiders.

Junior A Franchise Protected List: Drafted players are automatically added to the Junior A Franchise's Protected List and the Junior A Franchise holds the player's Junior A playing rights for all five (5) years of the player's Junior eligibility until the player is released or traded. A non-drafted

player can be added to a Jr. A Franchise's Protected List, if the player gives written permission, agreeing to be added.

Jr. A Free Agent: A player not on a Junior A Protected List is a Jr. A Free Agent. Jr. A Free Agents who reside north of the CALL boundary may try out for the Jr. A Miners. Jr. A Free Agents who reside in CALL, CDLA and SALA areas may try out for the Jr. A Mounties and/or the Jr. A Raiders. (A drafted/protected player can only attend the tryouts of the Jr. A team which drafted/protected them).

The **Calgary Junior A Mountaineers** and the **Okotoks Junior Raiders** each draft ten Graduating 16U Players from the CALL, CDLA and SALA Minor Lacrosse Clubs.

2022 Draft Order: 2021 Return to Play ranking and by the trade transactions where trades included draft picks.

- 1 – Jr. A Raiders
- 2 – Jr. A Mounties

The **St. Alberta Junior Miners** draft ten Graduating 16U Players from the GELC and Wheatland Minor Lacrosse Clubs as well as from the Grande Prairie Lacrosse Association.

The **Saskatchewan SWAT** draft ten players from the Province of Saskatchewan.

2022 Junior A Graduating 16U Player Draft

Date: Monday, January 31, 2022

Time: 7:00 P.M.

Location: Acadia Recreation Centre – Rose Hall – 240 90 Ave S.E., Calgary

The Jr. A Miners and Saskatchewan Swat will be attending the Draft virtually.

All Graduating 16U players and their families are welcome to attend.

Follow Live on Twitter: @RMLaxL

Junior B Tier I ENTRY Draft

Up until the draft dates, all Graduating 16U Players on the Graduating 16U Player List may attend any Junior B Tier I floor time.

Up until the draft dates, all Tier II players not currently listed on a Junior B Tier I Franchise's Protected List may attend any Junior B Tier I floor time.

The drafts help to keep the competitiveness of Franchises in a local area consistent.

The drafts must be held each year prior to mid-February. The Junior B Tier I drafts will take place after the Junior A Drafts.

Junior B Tier I Franchise Protected List: Drafted players are automatically added to the Junior B Tier I Franchise's Protected List. A player can remain on a Jr. B Tier I team's Protected List for all five (5) years of their Junior eligibility unless released, traded, or not registered to the team's roster for two (2) consecutive playing seasons. An exemption to the two consecutive playing seasons, is a Jr. B Tier I Drafted player on a Junior A roster. This player can remain on the Tier I Protected List for all five (5) years of their Junior eligibility unless released or traded. A non-drafted player can be added to a Junior B Tier I Franchise's Protected List, if the player gives written permission, agreeing to be added.

Junior B Tier I Free Agents

All Graduating 16U Players on the Graduating 16U Player List for the Season who are not drafted, will become Junior B Tier I Free Agents.

All Tier II players who are not drafted in the current year draft, or not on the thirty-five (35) man Protected List are now Junior B Tier I Free Agents.

2022 Junior B Tier I Entry Drafts

Draft Eligible: All Alberta 16U Players born in 2005 and on the ALA Graduating 16U Player List.

Junior B Tier I Central Graduating 16U & Tier II Player Draft *(Rampage and Mavericks)*

Graduating 16U Player Draft

Rounds 1 through 8 – Rampage will draft Alberta Graduating 16U players on the ALA Graduating 16U List with Red Deer addresses from the Red Deer Minor Lacrosse Association;

Round 1 through 8 – Mavericks will draft Alberta Graduating 16U players on the ALA Graduating 16U List from Olds Minor Lacrosse and Innisfail Minor Lacrosse Association;

Rounds 9 through 15 – Rampage and Mavericks will draft Alberta Graduating 16U players on the ALA Graduating 16U List from Blackfalds, Innisfail, Didsbury, Kneehills, Lacoka, Olds, Red Deer, Settler and Sylvan Lake Minor Lacrosse Associations.

Tier II Player Draft

Rounds 1 through 5 – Rampage and Mavericks will draft Tier II players from the Red Deer Renegades Franchise, Olds Stingers Franchise, and the Sylvan Lake Yeti Franchise.

2022 Entry Draft

Date: Thursday, February 10, 2022

Time: 6:30 PM

Location: Boston Pizza in the Best Western Hotel (4520 46 St, Olds)

All Graduating 16U players, Tier II players and their families are welcome to attend.

Follow Live on Twitter: @RMLaxL

Draft Order: Coin flip and by the trade transactions where trades included draft picks.

Junior B Tier I North Graduating 16U Player Draft

(Warriors, Outlaws, Crude & Rebels)

The draft is 20 rounds of 4 selections, where each North Division team will draft Graduating 16U players from Blues, Beaumont, Fort Saskatchewan, Leduc, Parkland, Rams, Titans, Warriors, Westlock, Wizards, Grande Prairie, Lakeland, Lloydminster, Vermilion, Wainwright and Flagstaff Minor Lacrosse Associations

2022 Entry Draft

Date: Friday, February 11, 2022

Time: 7:30 PM

Location: St. Albert Inn – Grandin Room

156 St. Albert Trail, St. Albert

Parking in the rear of the hotel Entrance on the NW of the hotel

All Graduating 16U players and their families are welcome to attend.

Follow Live on Twitter: @RMLaxL

Draft Order: Pre-Draft Lottery and by the trade transactions where trades included draft picks.

Lottery Order:

1. St. Albert Crude
2. Fort Saskatchewan Rebels
3. Sherwood Park Outlaws
4. Edmonton Warriors

Junior B Tier I South Graduating 16U & Tier II Player Draft

(Silvertips, Chill, Shamrocks, Mounties & Marauders)

Graduating 16U Player Draft

Rounds 1 through 15 – All 5 teams will draft Graduating 16U Players from the Rockyview Rage, High River Heat, Okotoks Raiders, Strathmore Venom, Calgary Hornets, Calgary Knights, Calgary Axemen, and Calgary Sabrecats Minor Lacrosse Clubs.

Tier II Player Draft

Rounds 1 through 5 – All 5 teams will draft Tier II players from the Calgary Tier II Wranglers, Calgary Tier II Axemen, Calgary Sabrecats Tier II, the Strathmore Venom Tier II, the High River Heat Tier II, and the Rockyview Rage Tier II teams.

2022 Entry Draft

Date: Saturday, February 12, 2022

Time: 12:30 PM

Location: Acadia Recreation Centre – Rose Hall (240 90 Ave SE, Calgary)

All Graduating 16U players, Tier II players and their families are welcome to attend.

Follow Live on Twitter: @RMLaxL

Draft Order: Pre-Draft Lottery and by the trade transactions where trades included draft picks.

Lottery Order:

1. Calgary Chill
2. Okotoks Marauders
3. Rockyview Silvertips
4. Calgary Shamrocks
5. Calgary Mounties

Junior B Tier I Lethbridge Barracudas Graduating 16U Player Draft

The Barracudas will draft up to twenty (20) Alberta Graduating 16U players on the ALA Graduating 16U List from Brooks, Claresholm, Crowsnest, Lethbridge, Nanton and Medicine Hat Minor Lacrosse Associations.

2022 Entry Draft

Date: Saturday, February 12, 2022

Time: 6:00 PM

Follow Live on Twitter: @RMLaxL and @jrbcudaslax